

INFLUENCE OF ELECTROMAGNETIC RADIATION ON HUMANS' HEALTH AND QUALITY OF LIFE

Marija Bogdanović, BSc; Milutin R. Đuričić, PhD; Nenad I. Milutinović, MSc
Business and Technical College of Applied Sciences, Užice, SERBIA

***Abstract:** This paper will discuss the role of the electromagnetic rays from computers and mobile phones on our health. Studies have shown that long-term exposure to radiation increases the risk of all types of tumors, cancer, leukemia, miscarriages, insomnia, anxiety, aging, burns, etc ...*

Television, microwave ovens, mobile phones and computers emit harmful radiation. To preserve your health use electronic devices carefully and in a way that will protect your body from radiation.

Using a computer or LCD does not exclude the negative effects of radiation. One should know that all computer monitors emit low-frequency radiation. However, all monitors emit radiation that damage your health and affect change in your appearance.

Healthy solution is to use a PC filter. This product eliminates part of the harmful radiation of monitors and protects you from them.

The law provides the essential health and safety requirements that manufacturers of electrical products must comply. Many manufacturers improve their products to achieve lower intensity of radiation which, in the last five years, is enabled by technological progress achieved. Be healthy and look for electronic devices that emit low radiation!

Key words: Harmful radiation emission, health, electronic devices